



UNIVERSITY OF NORTH BENGAL
B.A. Honours 2nd Semester Examination, 2020

GE2-EDUCATION (2A & 2B)

Full Marks: 60

ASSIGNMENT

*The figures in the margin indicate full marks.
Candidates should follow the word limit mentioned against each questions.
Candidates should give assignment based answer in their own words as far as practicable.*

The Question paper contains GE-2A & GE-2B. The Candidates are required to answer any *one* from the *two* Courses. Candidates should mention it clearly on the Answer Book.

GE-2A

YOGA EDUCATION

GROUP-A

Answer any *two* questions within 500 words each 20×2 = 40

1. Write about the type of Yoga Education. Discuss general guidelines for performing Yoga Education and significance of Yogic texts in the context of schools of Yoga. 6+7+7
2. Explain the meaning, definition, nature, characteristics and aims of Yoga Education. 3+4+5+4
+4
3. Give an explanation of Yoga for good health and Yogic concept of healthy life style. How Yoga reduces stress? 7+7+6
4. Elaborate the historical background of Yoga Education. Analyze the relation between Yoga Philosophy and Yoga Education. 8+12

GROUP-B

Answer any *two* questions within 300 words each 10×2 = 20

5. Write a note on the role of teachers in implementing Yoga Education.
6. Discuss the relation between Samkhya Philosophy and Yoga Education.
7. Write about the concept of health and health related problems.

8. Yoga as reflected in Bhagwat Gita - Elaborate it.

GE-2B

HUMAN RIGHTS EDUCATION

GROUP-A

Answer any two questions within 500 words each 20×2 = 40

1. Give a brief description about Universal Declaration of human rights. Write the duties and limitations about United Nations declaration of human rights. 8+7+5
2. Write the meaning and significance of Human Rights Education. Give a description on Dignity, Liberty, Equality, Justice and Unity in diversity. 10+10
3. Explain the role of educational institution, press and media as an advocacy group. 8+6+6

GROUP-B

Answer any two questions within 300 words each 10×2 = 20

4. Give a brief history of human rights — National and International perspectives. 10
5. Discuss the nature and concept of Human Rights. 10
6. Write the role of NGOs as an advocacy group. 10
7. Describe the role of Supreme Court and High Courts in brief as a Judicial organ. 10

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