



**UNIVERSITY OF NORTH BENGAL**  
B.A. Honours 2nd Semester Examination, 2019

**GE2A & GE2B-EDUCATION**

Time Allotted: 2 Hours

Full Marks: 60

*The figures in the margin indicate full marks.  
Candidates should answer in their own words and adhere to the word limit as practicable.*

**The question paper contains GE2A & GE2B. The candidates are required to answer any *one* from the *two* courses.  
Candidates should mention it clearly on the Answer Book.**

**GE2A**

**YOGA EDUCATION**

**GROUP-A**

**Answer any *four* questions from the following**

**3×4 = 12**

1. Write the characteristics of Yoga Education.
2. Write the concept of health.
3. State the implications of yoga philosophy in yoga education.
4. What do you mean by stress?
5. How yoga is reflected in Bhagwat Gita?
6. Write the concept of healthy life style.

**GROUP-B**

**Answer any *four* questions from the following**

**6×4 = 24**

7. Explain different types of yoga education.
8. Discuss the role of teachers in implementing yoga education in educational institutions.

9. Explain the influence of Sankhya philosophy on yoga education.
10. Describe the role of yoga in reducing stress in modern life.
11. Explain briefly the aims of yoga education.
12. Discuss the significance of Yogic texts in the context of schools of Yoga.

**GROUP-C**

Answer any *two* questions from the following

12×2 = 24

13. Define yoga and yoga education. Explain the nature of yoga education. 3+3+6 =  
12
14. Describe the historical background of yoga education. 12
15. Discuss the health related problems and need of yoga in this regard. 6+6 = 12
16. Explain the general guidelines for performing yoga education. 12

**GE2B**

**HUMAN RIGHTS EDUCATION**

**GROUP-A**

Answer any *four* questions from the following

3×4 = 12

1. Write the concept of human rights in education.
2. What do you mean by liberty and equality in the Constitution of India?
3. What are the rights of children?
4. According to UNO, what are the seven kinds of freedom to human beings?
5. What do you mean by "Live and Let Live"?
6. What are the advocacy groups in spreading human rights education?



**GROUP-B**

Answer any *four* questions from the following

6×4 = 24

7. Explain the recommendations of National Knowledge Commission regarding human rights.
8. Write a note on "Education and Human Values".
9. Discuss about the Universal Declaration of human rights.
10. Discuss the role of educational institutions in making awareness about human rights.
11. Explain the duties and limitations of United Nations.
12. Discuss the role of Supreme Court in the enforcement of human rights in India.

**GROUP-C**

Answer any *two* questions from the following

12×2 = 24

13. What are the nature and scope of Human Rights? Discuss the significance of human rights in education. 4+4+4=12
14. Discuss about the national perspectives of human rights. 12
15. Discuss about the objectives and functions of National Human Rights Commission (NHRC) of India. 6+6
16. Discuss the functions of press and NGOs in human rights education. 6+6

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